

## 2026 tSt Breeze Triathlon – Athlete Notification

**Organizer:** [tSt](#) **Email:** [tstgroup.service@gmail.com](mailto:tstgroup.service@gmail.com) **Phone:** +886-2-2523-6905

**Venue:** Breeze Canal, Greater Taipei Metropolitan Park [Location Map](#)

**Official Website:** <http://tstgroup.com.tw> (athlete list and information.)

**Online Certificates & Real-Time Results:** [BraveLog Results](#)

### Race Pack Pick up

At the venue	<b>May 9 (Sat), 13:00–17:00</b> Bring a valid ID for collection. For relay teams, any team member can collect. Proxy collection requires a photo of the athlete's ID.
Postal Delivery	Race kits will be dispatched starting from April 28, If you are unsure whether you chose "Shipping" or "On-site Pickup" during registration, please verify your status in the <a href="#">2026 Breeze Triathlon Athlete List</a>

### Timing Chip Pickup:

Timing chips will **not be included** in the race pack. Pick up your chip at the **transition area tent during bike check-in**. Lost chips will incur a replacement fee of **NT\$1,000**.

**Bike Check-In:** **May 9 (Sat):** 13:00–17:00 or **May 10 (Sun):** 04:30–05:40

**Event Schedule** (Swimming practice is not allowed due to safety arrangements.)

<b>May 9 (Sat)</b>	
13:00–17:00:	On-site race pack collection, transition area open for bike check-in
<b>May 10 (Sun) - Race Day</b>	
4 : 30	Transition area opens for bike check-in and gear drop-off
5 : 50	Transition area closes
5 : 50	113 Individual & Relay swimmers proceed to swim start with staff
6 : 00	113 Swim starts (after standard starts, 113 late swimmers are marked DNF)
6 : 05	Duathlon participants gather
6 : 10	Duathlon participants run start
6 : 20 -	Standard swimmers gather by stage and line up by pace Sprint swimmers gather by stage and line up by pace Youth & FUN Triathlon gather by stage and line up by pace
6 : 30	Standard Distance swim start
7 : 00	Sprint swim start
7 : 10	Youth & FUN Triathlon swim start
09 : 00~10 : 00	Award ceremony (staged by final results)
09 : 30~10 : 30	Bike retrieval (based on race route status)
12 : 00 (latest)	Road closure ends (subject to change based on race progress)

package contains:

T shirt	athlete wristband	swimming cap	tattoo stickers	helmet sticker	bike sticker	bib number
1	1	1	2	2	2	1
relayx3	relayx3	swimmer	swimmer	Biker	Biker	Runner



每位選手需佩戴選手手環(建議配戴右手)  
Athlete Wristband must be worn.  
(Suggested on right wrist.)



計時晶片(建議配戴左腳)，接力選手共用。  
Timing Chip (Suggested on left ankle.)  
Shared by relay athletes.



泳帽:需配戴官方  
紋身號碼貼:貼於雙臂上手臂外側  
Official Swim Cap: must be worn.  
Tattoo Number: Stickers applied to upper arms.



帽貼兩張分別貼於頭盔兩側  
Helmet Stickers: apply to both sides.  
車坐管貼兩張對貼  
Seat Post Stickers: apply to both sides.



號碼布佩戴胸前供工作人員辨識  
Race Bib: worn on chest for identification,

## Distances, Timing, and Rules

Category	Distance	Lap	Cut-off Time (For Reference)
113km Triathlon Personal. Relay	Swim 1.9km	1	1 hour 30 minutes after the swim start
	Bike 90km	6	5 hours 30 minutes after the swim start
	Run 21km	2	8hours 30 minutes after the swim start
51.5km Standard Personal. Relay	Swim 1.5km	1	50 minutes after the swim start
	Bike 40km	4	2 hours 50 minutes after the swim start
	Run 10km	1	4 hours after the swim start
25.75km Sprint	Swim 750m	1	30 minutes after the swim start
	Bike 20km	2	1 hour 40 minutes after the swim start
	Run 5km	1	2 hours 40 minutes after the swim start
Youth Triathlon Fun Triathlon	Swim 400m	1	20 minutes after the swim start
	Bike10km	1	50 minutes after the swim start
	Run 2.5km	1	1 hour 15 minutes after the swim start
50km Duathlon	Run 5km	1	50 minutes after the 1 <sup>st</sup> run start
	Bike 40km	4	2 hours 50 minutes after the 1 <sup>st</sup> run start
	Run 5km	1	4 hours after the 1 <sup>st</sup> run start



**游泳注意事項：**

- 依照大會廣播在舞台前方集合列隊，由工作人員帶至游泳起點。
- 每五人一梯次出發，過晶片感應墊開始計時。
- 可穿著防寒衣及攜帶浮具。

**Swimming Start Instructions:**

- Please gather in front of the main stage when announced.
- Staff will lead participants to the swim start area.
- Rolling start: 5 athletes per wave. Timing starts when crossing the mat.
- Wetsuits and personal buoys are permitted.

第1次跑1圈 1st run 1 Lap  
第2次跑1圈 2nd run 1 Lap

1圈 1 Lap

**RUN**

跑步

標鐵取信物手環  
Standard Wristband Pick-up  
1圈 1 Lap

標鐵折返點  
Standard Turnaround

113折返點  
113 Turnaround

2圈 2 Laps

113取信物手環  
113 Wristband Pick-up

1圈 1 Lap

2圈 2 Laps

4圈 4 Laps

4圈 4 Laps

FUN鐵人, 青少鐵折返點  
FUN. Youth Turnaround

半鐵折返點  
Sprint Turnaround

標鐵折返點  
Standard Turnaround

鐵人兩項折返點  
Duathlon Turnaround

113單車補給站(停車補給)  
113 Bike Aid (Full Stop)

113折返點  
113 Turnaround 6圈 6 Laps

113折返點關閉時間  
Bike cut-off 11:40

重新大橋  
Chongxin Bridge



- Relay teams use one shared chip and exchange in the **relay tent at the transition area**.
- Athletes who do not finish or abandon must **report to staff** in the DNF Registration tent and can continue the next event; your result will show as DNF with split times recorded but no total time.

## TRIATHLON SWIMMER TATTOO NUMBER STICKER TRANSFER METHOD



Keep arm dry. Do not apply lotion or sunscreen.



Peel off the clear plastic film from the number sticker.



Place face down on the outer upper arm.



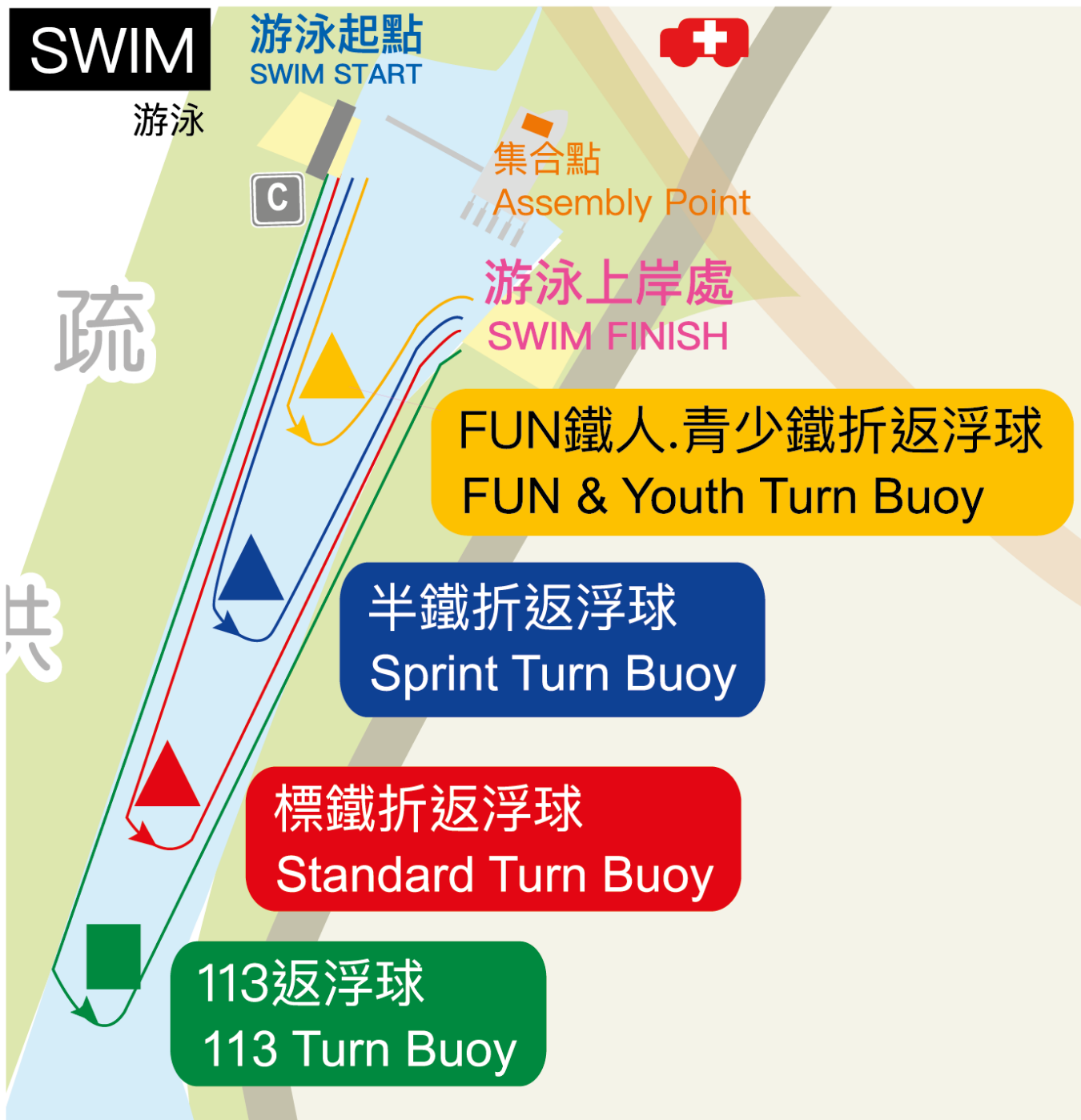
Spray back of sticker; press still for 10 seconds.



Gently peel off the paper backing.



A crisp, perfectly transferred code.



### Swimming Course Reminders

- Rolling start. Swim timing begins when crossing the chip checking line. Cutoff times are indicative; safety permitting, the organizer will support athletes to complete.
- Wetsuits and rescue tube are allowed. Timing and rankings are unaffected.
- Timing & Cut-off: Your race time begins only after crossing the timing mat. While there are reference cut-off times, the organizing committee will do its best to allow all athletes to finish under safe conditions. Please follow the instructions of the on-site officials and referees at all times.

## Awards & Results

1. No overall ranking. award. For athletes aged 60 and above, all participants in these categories will receive a ranking and an award.
2. Trophies will be presented to the winners of each category. No prize money.

Awards	113km	standard	sprint	duarhlon
M20	3	7	7	3
M25	3	8	3	2
M30	5	8	6	3
M35	2	8	4	4
M40	4	10	5	5
M45	3	9	4	4
M50	2	8	2	3
M55	1	6	2	2
M60	1	20	3	12
M65	5	7	10	4
M70	1	4	3	2
F20	1	2	6	1
F25		2	3	1
F30	1	3	2	2
F35		2	2	2
F40	1	2	2	3
F45		2	2	3
F50	1	1	1	2
F55		1	1	1
F60	1	2	4	2
F65			1	
F70		1		
relay	5	7		

Youth triathlon	Awards
Junior Boy	6
Youth boy	3
Junior Girl	3
Youth Girl	1

## Common Questions

1. **No official bike rental provided.** Nearby rental station: [Bike Rental Info](#). Check business hours. You may rent a bike on Saturday and return it on Sunday.
2. **Closest MRT station:** Luzhou MRT. Consider taxi on race morning or bike to the venue for check-in.
3. **Driving and parking:** Roads around the venue are closed from 6:00–12:00 Sunday. Retrieve bikes only when permitted via announcements.
4. **No on-site showers:** A water truck will be near the swim exit until all swimmers finish, then moved to the portable toilet area.

## General Rules:

1. Total time includes transitions.
2. No bare upper body during bike or run.
3. No headphones or glass containers allowed during the race.
4. Organizers may alter or cancel the race due to safety concerns.
5. Bring your National Health Insurance (NHI) card. The organizer provides public liability insurance only.

## Swim Rules

1. Use the provided swim cap. Line up by estimated finish time. 5 swimmers start every 5–10 seconds.
2. Slow or breaststroke swimmers and those with buoys must start at the back.
3. Resting on buoys/ropes is allowed; forward propulsion is not.
4. If unwell, raise your cap overhead to signal rescue. Boarding a safety boat = DNF, but you may continue the race.

## Bike Rules

1. **Prohibited:** U-bikes, baskets, bikes without hand brakes, bullhorn bars.
2. **Allowed:** Folding bikes, mountain bikes, aero bars.
3. Bikes must have working brakes; no helmet = no race.
4. No glass bottles, PET bottles, or sandals. No bare upper body.
5. No bike change mid-race. Mechanical issues must be self-handled.
6. No riding side by side.
7. Bikes must be returned to your own rack before relay handoff or continuing.
8. **Bike Course Cut-off Times**  
Due to road closure restrictions, strict cut-off times will be enforced at specific turnaround points on the bike course. Athletes who do not reach these points by the designated time must follow the instructions of the staff and board the official sweep vehicle back to the Transition Area (TA).  
**Near Turnaround Point Cut-off:** 11:15  
**Far Turnaround Point Cut-offs:** 113km (Half-Ironman): 11:40. All Other Categories: 11:40

## Run Rules

1. Wear the provided bib. No bare upper body.
2. Bib must be visible on the front for identification.

## Transition Area Rules

1. Helmet must be worn from the time the bike is removed until returned.
2. Each athlete has a rack with a numbered spot. No storage bins; use your own bag. Do not touch others' gear.

3. Do not obstruct others; do not move others' gear.
4. Mount after the "Mount Line" sign; dismount before the "Dismount Line". No riding in the transition area.
5. The organizer is not responsible for lost items. Safeguard your valuable.

#### Other Important Notices (Same as in the Official Race Manual)

1. To prevent accidents, participants who feel unwell should not force themselves to compete. The race officials and medical staff reserve the right to stop a participant from continuing or disqualify them based on their physical condition. Participants may not dispute such decisions and shall bear full responsibility for any consequences.
2. Public Liability Insurance Notice: The organizer has arranged public liability insurance for this event. Only injuries resulting from "public accidents" are covered under the policy. The following situations, among others, are *not* covered:
  - (1) Injuries caused by the participant's own pre-existing conditions.
  - (2) Incidents resulting from a participant's failure to exercise proper caution, poor physical condition, personal health issues, or cardiovascular-related events such as shock, heart attack, heat stroke, sunstroke, altitude sickness, epilepsy, dehydration, etc.
  - (3) On-site emergency medical services provided by the organizer in response to personal medical episodes.
  - (4) Accidents occurring between participants.
3. Coverage details: The insurance covers:
  - Up to NT\$5 million per person for bodily injury
  - Up to NT\$30 million for each accident involving bodily injury
  - Up to NT\$2 million for each accident involving property damage
  - Total maximum compensation during the policy period: NT\$64 million (*All coverage terms and exclusions are subject to the insurance provider's official policy.*)
4. Insurance Coverage Scope:
  - Covers third-party bodily injury, death, or property damage caused by public accidents for which the insured is legally liable.
  - Covers accidents occurring during event operations at the venue listed in the policy.
  - Covers incidents caused by buildings, passageways, equipment, or other facilities used during the event.
  - The policy includes NT\$5 million per person coverage for injury or death. A deductible of NT\$2,500 must be met before any claim is paid. Only damages caused by public accidents are eligible for claims.
5. Special Insurance Notes:
  - Participants seeking additional coverage should purchase their own insurance policies to ensure sufficient protection.
  - The organizer will assist injured participants in seeking medical treatment and filing insurance claims but is unable to provide additional compensation or condolence payments.
  - Participants must bring their National Health Insurance Card for medical access and personal protection.

6. In the event of a typhoon, force majeure, or epidemic warnings issued by the CDC, the organizer reserves the right to cancel, postpone, or alter the race route for safety reasons. Please follow updates on the official website.
7. If the event is postponed due to typhoon or force majeure and the participant is unable to attend on the new date, the registration fee will not be refunded.
8. All event-related matters are subject to change and will be based on the latest on-site announcements.

## tSt Athlete Pre-Race Gear Checklist (For Reference Only)

Items highlighted in yellow are provided by the organizer.

✓	Item	Remarks
	1. Timing Chip & Strap	Pick up at bike check-in in the transition area. Return after the race when retrieving your bike. NT\$1000 fee for lost chips.
Swimming		
	2. Swimming Cap	Must wear the official cap provided by the organizer for identification.
	3. Number Tattoo Stickers	Apply to both upper arms. Keep skin dry. If sticker is wet before use, it becomes unusable—request manual marking from staff if needed.
	4. Athlete Wristband	Recommended on right wrist. Wrap and secure using adhesive strip. Used to identify athletes entering/exiting the transition area.
	5. Tri Suit or Swimwear	
	6. Swim Goggles	
	7. Wetsuit	
	8. Buoyancy Device	
Cycling		
	9. Bicycle	For safety, remove aero bars with bullhorns, front/rear lights.
	10. Helmet	Mandatory. No helmet = no race.
	11. Bike Water Bottle	Must fit securely on the bike. PET bottles or loose containers are not allowed.
	12. Bike Number Stickers	place on both sides of the seat tube.
	13. Helmet Number Sticker	Place number sticker on both sides of the helmet.
	14. Tri Suit / Cycling Gear	Upper body must not be exposed.
	15. Cycling Shoes / Running Shoes (Socks)	
	16. Sun Sleeves / Sun glasse	
Running		
	17. Bib Number	Must be on the front.
	18. Safety Pins	Included in the race pack. Extras available at the Service.
	19. Tri Suit / Running Gear	Athletes may wear their own appropriate apparel
	20. Running Shoes (Socks)	
	Sun Sleeves / Sunglasses / Hat	
Other (As Needed)		
	21. Personal Medication	
	22. Water / Hydration Drinks	
	23. Food / Energy Gels	
	24. Sunscreen / Vaseline	
	25. Towel / Change of Clothes	
	26. Repair Kit / Spare Tubes	
	27. ports Watch / Bike Computer	